

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

Boys 100 Meter Dash**9 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sect. Record: M 10.54 5/28/2015 Jonathan Webb, Minnehaha Academ
 State Qual.: @ 11.29

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Saye Monibah Jr.	12	Minneapolis	@ 10.75Q	NWI	5
2 Da'Mari Smith	11	Twin Cities	@ 11.03Q	NWI	4
3 Richard Saah	10	Parnassus Pr	@ 11.07Q	NWI	1
4 Evons Plamann	12	St. Agnes	@ 11.08Q	NWI	3
5 Jeriah Wilmeth	12	Concordia Academy	11.43Q	NWI	2
6 Carnell Wreneher	11	Brooklyn Center	11.33q	NWI	3
7 Caden Kroona	11	St. Agnes	11.41q	NWI	4
8 Logan Duis	11	Concordia Academy	11.42q	NWI	3
9 Devon Rice	10	Brooklyn Center	11.49q	NWI	1
10 Eli Sanders	11	St. Paul Aca	11.62	NWI	4
11 Ethan Davis	11	Agape Christ	11.64	NWI	5
12 Mathias Kies	12	Trinity/Unity	11.70	NWI	3
13 Larson Sather	12	St. Croix Pr	11.71	NWI	2
14 Vajkhaum Lor	11	St. Croix Pr	11.83	NWI	5
15 Eli Larson	10	St. Croix Lutheran	11.87	NWI	2
16 Levi Sutkowski	11	Liberty Clas	11.90	NWI	5
17 Za'Yair Cotten	11	Minneapolis	11.96	NWI	1
18 Jonathan Campbell	9	Parnassus Pr	12.00	NWI	2
19 Colt Kloss	10	St. Croix Lutheran	12.08	NWI	5
20 Noah Jansen	12	Liberty Clas	12.12	NWI	4
21 Abemelek Yohanns	12	Nova Classic	12.29	NWI	3
22 Jacob Gieseke	11	West Lutheran	12.32	NWI	1
23 Thomas Huelskamp	12	Nova Classic	12.32	NWI	2
24 Ben Schaefer	12	West Lutheran	12.37	NWI	3
25 Ike Obi-Walker	11	St. Paul Aca	12.38	NWI	4
26 Jacob Loose	10	NLA/LILA	12.50	NWI	5
27 Isaac Anderson	11	Mounds Park Academy	12.70	NWI	1
28 Arnav Adikari	12	Math & Scien	12.71	NWI	2
29 Jayshawn Singleton	10	Cristo Rey J	12.83	NWI	2
30 Julian Brown	11	Mounds Park Academy	12.84	NWI	5
31 Charles Jung	10	Trinity/Unity	12.86	NWI	4
32 Evan Williams	10	NLA/LILA	12.98	NWI	3
33 Obed Bruce	12	Math & Scien	13.17	NWI	1
34 Wyatt Reiners	8	Christ's Hous	13.52	NWI	2
35 Killian Okerstrom	9	Christ's Hous	14.70	NWI	1
36 Caleb Underwood		Agape Christ	15.43	NWI	3

Boys 100 Meter Dash

Sect. Record: M 10.54 5/28/2015 Jonathan Webb, Minnehaha Academ
 State Qual.: @ 11.29

Name	Year	School	Finals	Wind	Points
Finals					
1 Saye Monibah Jr.	12	Minneapolis	10.92@	0.5	12
2 Richard Saah	10	Parnassus Pr	11.07@	0.5	10
3 Evons Plamann	12	St. Agnes	11.15@	0.5	8
4 Da'Mari Smith	11	Twin Cities	11.21@	0.5	6
5 Carnell Wreneher	11	Brooklyn Center	11.48	0.5	5

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6	Jeriah Wilmeth	12	Concordia Academy	11.51	0.5	4
7	Caden Kroona	11	St. Agnes	11.56	0.5	3
8	Logan Duis	11	Concordia Academy	11.65	0.5	2
9	Devon Rice	10	Brooklyn Center	11.79	0.5	1

Boys 200 Meter Dash**9 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sect. Record: M 21.82 5/31/2025 Judah Zinter, Concordia Ac
 State Qual.: @ 22.72

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Saye Monibah Jr.	12	Minneapolis	M 21.71Q	NWI 4
2	Evons Plamann	12	St. Agnes	@ 22.03Q	NWI 5
3	Richard Saah	10	Parnassus Pr	@ 22.38Q	NWI 2
4	Roman Hozalski	11	St. Paul Aca	22.96Q	NWI 3
5	Zachary (Zach) Schaefer	10	St. Croix Lutheran	23.43Q	NWI 1
6	Nelson Weekes	12	St. Croix Lutheran	22.94q	NWI 2
7	Da'Mari Smith	11	Twin Cities	22.97q	NWI 3
8	Logan Duis	11	Concordia Academy	23.38q	NWI 3
9	Sawyer Okerstrom	12	Christ's Hous	23.41q	NWI 4
10	Michael Penning	11	West Lutheran	23.47	NWI 5
11	Skyler Bredenberg	10	Parnassus Pr	23.80	NWI 2
12	Rylan Hoffman	11	St. Croix Pr	23.85	NWI 4
13	Mathias Kies	12	Trinity/Unity	23.96	NWI 1
14	Benjamin Helseth	10	Agape Christ	23.96	NWI 5
15	Landon Hide	10	St. Paul Aca	24.25	NWI 4
16	Tyg Butts	12	Nova Classic	24.46	NWI 2
17	Alex Liljenquist	11	Agape Christ	24.55	NWI 4
18	Peter Brownell	11	St. Agnes	24.59	NWI 5
19	Caleb Sackitey	12	Math & Scien	24.66	NWI 3
20	Nicolas Odegard	11	Nova Classic	24.92	NWI 2
21	Evan Bare	12	West Lutheran	25.09	NWI 1
22	Zachary Schroedl	12	St. Croix Pr	25.23	NWI 5
23	Jonah Peterson	8	Concordia Academy	25.24	NWI 4
24	Nils Lajuzan	10	St. Paul Aca	26.10	NWI 1
25	Isaac Anderson	11	Mounds Park Academy	26.31	NWI 3
26	Evan Williams	10	NLA/LILA	26.35	NWI 4
27	Dexter Jacox	12	Christ's Hous	26.52	NWI 2
28	Julian Brown	11	Mounds Park Academy	26.70	NWI 5
29	Blayne Pludeman	10	NLA/LILA	26.98	NWI 1
30	Charles Jung	10	Trinity/Unity	27.42	NWI 3
31	Liam Doherty	8	New Life Aca	28.04	NWI 4
32	Caleb Underwood		Agape Christ	32.64	NWI 5
33	Jean-Charles Sawaya	12	Math & Scien	36.40	NWI 5

Boys 200 Meter Dash

Sect. Record: M 21.82 5/31/2025 Judah Zinter, Concordia Ac
 State Qual.: @ 22.72

Name	Year	School	Finals	Wind	Points
Finals					
1	Evons Plamann	12	St. Agnes	21.98@ -0.2	12

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2	Saye Monibah Jr.	12	Minneapolis	22.04@	-0.2	10
3	Da'Mari Smith	11	Twin Cities	22.62@	-0.2	8
4	Roman Hozalski	11	St. Paul Aca	22.75	-0.2	6
5	Nelson Weekes	12	St. Croix Lutheran	22.79	-0.2	5
6	Zachary (Zach) Schaefer	10	St. Croix Lutheran	23.14	-0.2	4
7	Sawyer Okerstrom	12	Christ's Hous	23.42	-0.2	3
8	Logan Duis	11	Concordia Academy	23.57	-0.2	2
9	Richard Saah	10	Parnassus Pr	24.17	-0.2	1

Boys 400 Meter Dash**9 Advance: Top 1 Each Heat plus Next 5 Best Times**

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 Sect. Record: M 48.02 5/31/2025 Oliver Thompson, St. Paul Aca
 State Qual.: @ 51.01

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Evan Ewald	11	St. Croix Pr	@ 50.69Q 2
2	Owen Schmeling	11	St. Croix Lutheran	51.29Q 4
3	Langston Thompson	11	St. Paul Aca	51.39Q 1
4	Harsh Tandon	12	St. Croix Pr	51.57Q 3
5	Roman Hozalski	11	St. Paul Aca	51.11q 2
6	Hazen Hintz	11	Nova Classic	51.97q 1
7	Sawyer Okerstrom	12	Christ's Hous	52.23q 3
8	Ahmod Powell	12	Minneapolis	52.72q 4
9	Ethan Davis	11	Agape Christ	52.73q 4
10	Jason Mahone	11	Brooklyn Center	52.90 2
11	Tavin Stoll	10	Minneapolis	54.04 4
12	Immanuel Maldonado	10	Concordia Academy	54.77 1
13	Alijah Brann	11	Twin Cities	55.07 2
14	Caleb Andren	10	Concordia Academy	55.16 3
15	Graham Keller	9	Trinity/Unity	56.76 3
16	Gabriel Phelps-Johnson	10	NLA/LILA	57.79 3
17	Sundar Raghuvamsh-Singir	12	Math & Scien	57.90 2
18	De'mariyon Yarbrough	10	Brooklyn Center	58.21 4
19	Markos Yiangou	11	Math & Scien	58.34 3
20	Noah Sutkowski	9	Liberty Clas	58.76 1
21	Will Jansen	10	Liberty Clas	59.18 1
22	Jack McGraw	10	New Life Aca	59.42 1
23	Mark King	10	St. Agnes	59.47 2
24	Jennings Huth	11	West Lutheran	59.48 2
25	Oliver Kaardal	11	St. Agnes	59.63 3
26	John Matos	11	Trinity/Unity	1:00.03 2
27	Nicholas Lander	10	Parnassus Pr	1:00.31 1
28	Lenny Johnson	11	Parnassus Pr	1:00.64 4
29	Sean Barker	10	Mounds Park Academy	1:01.81 3
30	Jacob Loose	10	NLA/LILA	1:03.17 4
31	Luke Mitterholzer		Agape Christ	1:12.93 4

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Boys 400 Meter Dash

Sect. Record: M 48.02 5/31/2025 Oliver Thompson, St. Paul Aca
 State Qual.: @ 51.01

Name	Year	School	Finals	Points
Finals				
1 Owen Schmeling	11	St. Croix Lutheran	50.02@	12
2 Evan Ewald	11	St. Croix Pr	50.06@	10
3 Harsh Tandon	12	St. Croix Pr	50.64@	8
4 Roman Hozalski	11	St. Paul Aca	50.79@	6
5 Langston Thompson	11	St. Paul Aca	50.99@	5
6 Hazen Hintz	11	Nova Classic	51.78	4
7 Sawyer Okerstrom	12	Christ's Hous	53.47	3
8 Ahmod Powell	12	Minneapolis	53.53	2
9 Ethan Davis	11	Agape Christ	53.91	1

Boys 800 Meter Run

9 Advance: Top 1 Each Heat plus Next 5 Best Times

Sect. Record: M 1:55.29 2008 Ned Brady
 State Qual.: @ 1:59.75

Name	Year	School	Prelims	H#
Preliminaries				
1 Benaiah Mathews	10	Nova Classic	2:02.11Q	2
2 Eli Andre	12	Nova Classic	2:02.56Q	4
3 Samuel Carver Day	12	St. Croix Lutheran	2:03.33Q	3
4 Carter Short	11	Mounds Park Academy	2:03.36Q	1
5 Ian Dugas	12	Math & Scien	2:03.71q	1
6 Daniel Gregory	11	Trinity/Unity	2:03.78q	4
7 Zeke Lindahl	12	New Life Aca	2:03.88q	2
8 Andreas Adamsson	12	Concordia Academy	2:04.12q	2
9 Josiah Olson	11	West Lutheran	2:04.79q	4
10 Lyle Gerber	11	Nova Classic	2:05.93	3
11 Jake Smith	10	Concordia Academy	2:07.13	4
12 Ben Wurst	12	Liberty Clas	2:07.76	3
13 Morgan Hawkins	10	St. Agnes	2:08.63	4
14 Trevor Wyganowski	10	St. Croix Lutheran	2:08.90	1
15 Zayne Fuerst	12	St. Croix Pr	2:09.33	1
16 John McGeehan	10	St. Agnes	2:09.77	3
17 Beck Stevens	10	NLA/LILA	2:09.80	3
18 Patrick Wall	12	St. Paul Aca	2:09.84	2
19 Ethan Keller	12	New Life Aca	2:10.00	2
20 Isaiah Hoglund	11	Agape Christ	2:10.90	1
21 Parker Anderson	11	Parnassus Pr	2:11.03	4
22 Jonah Wurst	11	Liberty Clas	2:12.01	1
23 Samuel McCarthy	10	St. Paul Aca	2:14.41	3
24 Connor Shuman	10	Parnassus Pr	2:15.48	2
25 Dominic McNamara	11	Trinity/Unity	2:15.70	4
26 Lalit Reddy	12	Math & Scien	2:21.78	2
27 Dominic Fulks	8	Agape Christ	2:21.97	1
28 Keagan Randall	10	West Lutheran	2:25.84	3
29 Christopher Schonebaum	12	St. Croix Pr	2:27.16	3
30 Sawyer Brandel	10	NLA/LILA	2:33.93	4
31 Ryan Dahiya	11	Mounds Park Academy	2:34.12	4

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Boys 800 Meter Run

Sect. Record: M 1:55.29 2008 Ned Brady

State Qual.: @ 1:59.75

Name	Year	School	Finals	Points
Finals				
1 Eli Andre	12	Nova Classic	1:58.75@	12
2 Benaiah Mathews	10	Nova Classic	1:59.46@	10
3 Samuel Carver Day	12	St. Croix Lutheran	2:00.55	8
4 Carter Short	11	Mounds Park Academy	2:01.33	6
5 Daniel Gregory	11	Trinity/Unity	2:03.73	5
6 Andreas Adamsson	12	Concordia Academy	2:05.92	4
7 Ian Dugas	12	Math & Scien	2:07.20	3
8 Zeke Lindahl	12	New Life Aca	2:08.42	2
9 Josiah Olson	11	West Lutheran	2:10.74	1

Boys 1600 Meter Run

Sect. Record: M 4:17.24 6/3/2017 Lucas Mueller, Nova Classical

State Qual.: @ 4:28.78

Name	Year	School	Finals	H#	Points
1 Peter Andersen	12	Trinity/Unity	4:25.94@	2	12
2 Patrick O'Keefe	11	Nova Classic	4:31.42	2	10
3 Dominick Larson	11	West Lutheran	4:34.32	2	8
4 Landon Oswald	10	St. Croix Pr	4:35.35	2	6
5 Josh Murr	11	Mounds Park Academy	4:37.80	2	5
6 Max Francois	10	Mounds Park Academy	4:39.56	2	4
7 Zeke Lindahl	12	New Life Aca	4:40.40	2	3
8 Max Gruenhagen	9	West Lutheran	4:42.69	2	2
9 Josiah Olson	11	West Lutheran	4:43.14	2	1
10 James Alt	10	St. Agnes	4:44.38	2	
11 Reese Breitbarth	11	Agape Christ	4:45.03	2	
12 Morgan Hawkins	10	St. Agnes	4:49.50	2	
13 Henry Page	10	Nova Classic	4:51.38	1	
14 Daniel Rinne	10	St. Croix Lutheran	4:55.04	1	
15 Paul Otto	12	St. Croix Lutheran	4:59.54	1	
16 Erik Larsen	10	Parnassus Pr	5:04.01	1	
17 Sawyer Crookes	10	Parnassus Pr	5:04.96	1	
18 Lincoln Bednar	9	Concordia Academy	5:06.53	1	
19 Cruz Triana	11	Liberty Clas	5:08.74	2	
20 Gabriel Gfrerer	11	Concordia Academy	5:14.27	2	
21 Colin Dunn	11	Trinity/Unity	5:15.95	1	
22 Gavin Usselman	9	Math & Scien	5:17.43	1	
23 Mehmet Arey	12	St. Paul Aca	5:20.39	1	
24 Ben Smitley	11	Math & Scien	5:25.31	1	
25 Aldegundo Brenneman	11	St. Paul Aca	5:26.85	1	
26 Owen Underwood	11	Agape Christ	5:28.89	1	
27 Nolan Doll	7	NLA/LILA	5:42.20	1	
28 Nels Zenner	11	Liberty Clas	5:50.17	1	
29 Jack Beaudin	10	NLA/LILA	5:51.67	1	
30 Paxton Carlson	10	Christs Hous	6:12.69	1	
31 Hudson Isakson	11	Christs Hous	6:14.97	1	
-- Owen Schutte	11	St. Croix Pr	DNF	2	

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Boys 3200 Meter Run

Sect. Record: M 9:25.91 6/2/2022 Finn McCormick, Nova Classic
 State Qual.: @ 9:51.71

Name	Year	School	Finals	H#	Points
1 Peter Andersen	12	Trinity/Unity	9:47.32@	2	12
2 Dominick Larson	11	West Lutheran	9:54.71	2	10
3 Max Francois	10	Mounds Park Academy	10:06.41	2	8
4 Liam Caldwell	12	Math & Scien	10:06.44	2	6
5 Landon Oswald	10	St. Croix Pr	10:13.18	2	5
6 Owen Schutte	11	St. Croix Pr	10:13.18	2	4
7 Max Gruenhagen	9	West Lutheran	10:13.45	2	3
8 Chase Sonderup	12	Parnassus Pr	10:14.04	2	2
9 Jack Pepin	10	St. Agnes	10:16.37	2	1
10 James Alt	10	St. Agnes	10:17.11	2	
11 Patrick O'Keefe	11	Nova Classic	10:18.16	2	
12 Josh Murr	11	Mounds Park Academy	10:21.68	2	
13 Reese Breitbarth	11	Agape Christ	10:25.42	2	
14 Henry Page	10	Nova Classic	10:26.48	2	
15 Elias Olson	10	Concordia Academy	10:44.81	2	
16 Daniel Rinne	10	St. Croix Lutheran	10:52.39	1	
17 Beck Stevens	10	NLA/LILA	11:03.07	1	
18 Cooper Pankratz	10	St. Croix Lutheran	11:21.14	1	
19 Reidar Bednar	11	Concordia Academy	11:31.61	1	
20 Colin Dunn	11	Trinity/Unity	11:43.16	1	
21 Daniel Hart	9	Parnassus Pr	11:44.22	1	
22 Henry Stenzel	9	St. Paul Aca	11:49.18	1	
23 Lincoln Meiers	10	Math & Scien	11:56.42	1	
24 Tove Wing	8	St. Paul Aca	12:07.66	1	
25 Owen Underwood	11	Agape Christ	12:10.34	1	

Boys 110 Meter Hurdles

9 Advance: Top 2 Each Heat plus Next 5 Best Times

Sect. Record: M 13.82 5/28/2015 Jon Tollefson, St. Croix Luther
 State Qual.: @ 15.45

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Alexander Williamson	11	Minneapolis	@ 15.06Q	NWI	1
2 Gideon Paulsen	11	St. Croix Lutheran	@ 15.17Q	NWI	2
3 Henrik Peterson	11	St. Croix Pr	@ 15.36Q	NWI	1
4 Matthew Fischer	11	St. Agnes	@ 15.38Q	NWI	2
5 Charles (Chase) Jennings	12	St. Croix Lutheran	15.55q	NWI	2
6 Eli DeBilzan	11	Concordia Academy	16.59q	NWI	1
7 Nico Martin	11	St. Paul Aca	16.70q	NWI	1
8 Tommy Bahneman	11	St. Croix Pr	16.84q	NWI	2
9 Devin Goshaw	12	Parnassus Pr	17.39q	NWI	2
10 Josiah Lawson	12	Math & Scien	17.74	NWI	1
11 Nolan Yeboah	9	St. Paul Aca	18.07	NWI	1
12 Joseph Williams	10	St. Agnes	18.38	NWI	2
13 Xavier Khouth	11	West Lutheran	18.61	NWI	2
14 Fredrick Goe	10	Parnassus Pr	20.21	NWI	1
15 Benjamin Blake	9	Math & Scien	20.26	NWI	2
16 Evan Morrison	12	NLA/LILA	20.29	NWI	1
17 Mason Olson	10	NLA/LILA	23.74	NWI	2

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Boys 110 Meter Hurdles

Sect. Record: M 13.82 5/28/2015 Jon Tollefson, St. Croix Luther
 State Qual.: @ 15.45

Name	Year	School	Finals	Wind	Points
Finals					
1 Gideon Paulsen	11	St. Croix Lutheran	15.07@	-1.0	12
2 Matthew Fischer	11	St. Agnes	15.16@	-1.0	10
3 Henrik Peterson	11	St. Croix Pr	15.44@	-1.0	8
4 Charles (Chase) Jennings	12	St. Croix Lutheran	15.47	-1.0	6
5 Eli DeBilzan	11	Concordia Academy	16.17	-1.0	5
6 Nico Martin	11	St. Paul Aca	16.30	-1.0	4
7 Tommy Bahneman	11	St. Croix Pr	16.40	-1.0	3
8 Devin Goshaw	12	Parnassus Pr	17.30	-1.0	2
-- Alexander Williamson	11	Minneapolis	DNF	-1.0	

Boys 300 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 5 Best Times

Sect. Record: M 38.42 5/30/2015 Jon Tollefson, St. Croix Luther
 State Qual.: @ 40.90

Name	Year	School	Prelims	H#
Preliminaries				
1 Henrik Peterson	11	St. Croix Pr	@ 40.35Q	1
2 Gideon Paulsen	11	St. Croix Lutheran	41.00Q	2
3 Eli DeBilzan	11	Concordia Academy	41.16Q	3
4 Nico Martin	11	St. Paul Aca	41.98q	2
5 Matthew Fischer	11	St. Agnes	42.21q	1
6 Charles (Chase) Jennings	12	St. Croix Lutheran	42.28q	3
7 Benjamin Helseth	10	Agape Christ	43.14q	1
8 Thomas Fuschetto	11	St. Croix Pr	43.24q	3
9 Josiah Lawson	12	Math & Scien	43.69q	2
10 Andreas Grover	11	Nova Classic	43.91	2
11 Alex Liljenquist	11	Agape Christ	44.87	3
12 Evan Morrison	12	NLA/LILA	45.56	3
13 Cordae Williams	12	Minneapolis	45.77	1
14 Carter Stripling	10	West Lutheran	46.24	1
15 Joseph Williams	10	St. Agnes	46.26	2
16 Devin Goshaw	12	Parnassus Pr	47.15	2
17 Xavier Khouth	11	West Lutheran	47.38	1
18 Nolan Yeboah	9	St. Paul Aca	47.66	3
19 Fredrick Goe	10	Parnassus Pr	48.04	3
20 Henry Gauger	8	Liberty Clas	48.50	2
21 Benjamin Blake	9	Math & Scien	49.75	1
22 Carter Carlson	9	Christs Hous	52.38	1
23 Tasman Peterson	11	NLA/LILA	55.90	2

Boys 300 Meter Hurdles

Sect. Record: M 38.42 5/30/2015 Jon Tollefson, St. Croix Luther
 State Qual.: @ 40.90

Name	Year	School	Finals	Points
Finals				
1 Eli DeBilzan	11	Concordia Academy	39.82@	12

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2	Henrik Peterson	11	St. Croix Pr	39.93@	10
3	Gideon Paulsen	11	St. Croix Lutheran	40.32@	8
4	Nico Martin	11	St. Paul Aca	40.81@	6
5	Matthew Fischer	11	St. Agnes	40.82@	5
6	Benjamin Helseth	10	Agape Christ	41.64	4
7	Thomas Fuschetto	11	St. Croix Pr	43.01	3
8	Josiah Lawson	12	Math & Scien	43.19	2
9	Charles (Chase) Jennings	12	St. Croix Lutheran	43.56	1

Boys 4x100 Meter Relay**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

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Sect. Record: M 43.15 5/31/2018 St Croix Lutheran, St Croix Lut
C Prigge, A Kuroki, J Chernohorsky, G Maag

State Qual.: @ 44.30

School

Prelims H#

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Preliminaries

1	Minneapolis North Community			M 43.04Q	2
	1) Saye Monibah Jr. 12		2) J'Marion Sanders 12		
	3) Daniel Branch 12		4) Anthony Deline 12		
2	Concordia Academy			45.20Q	1
	1) Logan Duis 11		2) Josiah Zitzow 10		
	3) Jeriah Wilmeth 12		4) Zach Olson 9		
3	St. Croix Preparatory Academ			45.64Q	2
	1) Nathan Ranum 11		2) Vajkhaum Lor 11		
	3) Raheem Soni 10		4) Larson Sather 12		
4	St. Croix Lutheran			45.86Q	1
	1) Zachary (Zach) Schaefer 10		2) Shaun Bandelin 11		
	3) Colt Kloss 10		4) Eli Larson 10		
5	Twin Cities Academy/Great Ri			45.68q	2
	1) Alijah Brann 11		2) Everett Forsland 12		
	3) Da'Mari Smith 11		4) Nathan Rivera 10		
6	St. Agnes			45.91q	1
	1) Mike Cao 10		2) Caden Kroona 11		
	3) Peter Brownell 11		4) Neil Connolly 11		
7	Liberty Classical Academy			46.07q	2
	1) Noah Jansen 12		2) William Gilbert 11		
	3) Will Smith 12		4) Levi Sutkowski 11		
8	St. Paul Academy & Summit Sc			47.32q	2
	1) Jack Gordon 10		2) Josh Lee 9		
	3) Ike Obi-Walker 11		4) Eli Sanders 11		
9	West Lutheran			47.52q	1
	1) Evan Bare 12		2) Ben Schaefer 12		
	3) Jacob Gieseke 11		4) Michael Penning 11		
10	Math & Science Academy			48.60	2
	1) George Yassa 11		2) Jean-Charles Sawaya 12		
	3) Nathan Irlapati 10		4) Caleb Sackitey 12		
11	Parnassus Preparatory School			48.96	2
	1) Jonathan Campbell 9		2) John Lander 12		
	3) Henry Daniels 11		4) Jonathan Nguyen 12		
12	Trinity/Unity			50.59	1
	1) Charles Jung 10		2) Elijah Day 8		
	3) Charles Sennes 9		4) Cole Willard 9		
13	Brooklyn Center			50.92	1

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys 4x100 Meter Relay

1) Gavin Thomas 9	2) David Jordan 10		
3) Devon Rice 10	4) Carnell Wreneher 11		
14 NLA/LILA	53.00	1	
1) Jacob Loose 10	2) Mason Olson 10		
3) Blayne Pludeman 10	4) Evan Williams 10		
-- Nova Classical Academy	DQ	1	Zone Violation
1) Abemelek Yohanns 12	2) Elias Taylor 10		
3) Thomas Huelskamp 12	4) Tyg Butts 12		

Boys 4x100 Meter Relay

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Sect. Record: M 43.15 5/31/2018 St Croix Lutheran, St Croix Lut
C Prigge, A Kuroki, J Chernohorsky, G Maag

State Qual.: @ 44.30

School

Finals Points

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Finals

1 Minneapolis North Community	43.23@	12	
1) Saye Monibah Jr. 12	2) J'Marion Sanders 12		
3) Daniel Branch 12	4) Anthony Deline 12		
2 St. Croix Preparatory Academ	44.81	10	
1) Nathan Ranum 11	2) Vajkhaum Lor 11		
3) Raheem Soni 10	4) Larson Sather 12		
3 Concordia Academy	44.89	8	
1) Logan Duis 11	2) Josiah Zitzow 10		
3) Jeriah Wilmeth 12	4) Zach Olson 9		
4 St. Croix Lutheran	45.78	6	
1) Zachary (Zach) Schaefer 10	2) Shaun Bandelin 11		
3) Colt Kloss 10	4) Eli Larson 10		
5 Twin Cities Academy/Great Ri	45.94	5	
1) Alijah Brann 11	2) Everett Forsland 12		
3) Da'Mari Smith 11	4) Nathan Rivera 10		
6 Liberty Classical Academy	46.03	4	
1) Noah Jansen 12	2) William Gilbert 11		
3) Will Smith 12	4) Levi Sutkowski 11		
7 St. Agnes	46.42	3	
1) Mike Cao 10	2) Caden Kroona 11		
3) Peter Brownell 11	4) Neil Connolly 11		
8 St. Paul Academy & Summit Sc	46.78	2	
1) Jack Gordon 10	2) Josh Lee 9		
3) Ike Obi-Walker 11	4) Eli Sanders 11		
9 West Lutheran	47.50	1	
1) Evan Bare 12	2) Ben Schaefer 12		
3) Jacob Gieseke 11	4) Michael Penning 11		

Boys 4x200 Meter Relay**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

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Sect. Record: M 1:30.08 2004 DeLaSalle

State Qual.: @ 1:32.05

School

Prelims H#

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Preliminaries

1 St. Croix Lutheran	@ 1:31.25Q	1	
1) Zachary (Zach) Schaefer 10	2) Shaun Bandelin 11		

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys 4x200 Meter Relay

3) Nelson Weekes 12	4) Owen Schmeling 11	
2 St. Agnes	1:32.72Q	2
1) Matthew Fischer 11	2) Neil Connolly 11	
3) Caden Kroona 11	4) Evons Plamann 12	
3 St. Croix Preparatory Academ	1:32.42Q	1
1) Larson Sather 12	2) Rylan Hoffman 11	
3) Nathan Ranum 11	4) Evan Ewald 11	
4 Minneapolis North Community	1:33.18Q	2
1) Anthony Deline 12	2) Tavin Stoll 10	
3) J'Marion Sanders 12	4) Daniel Branch 12	
5 Parnassus Preparatory School	1:36.47q	1
1) Chase Sonderup 12	2) Skyler Bredenberg 10	
3) John Lander 12	4) Richard Saah 10	
6 Concordia Academy	1:38.09q	2
1) Josiah Zitzow 10	2) Liam Schuster 12	
3) Jonah Peterson 8	4) Zach Olson 9	
7 Brooklyn Center	1:38.49q	2
1) Larry Smith 12	2) Damarius Miller 11	
3) Alpha Meaway 12	4) Prince Lloyd 10	
8 West Lutheran	1:38.51q	2
1) Michael Penning 11	2) Ben Radintz 12	
3) Evan Bare 12	4) Noah Hahm 9	
9 Math & Science Academy	1:38.66q	1
1) George Yassa 11	2) Caleb Sackitey 12	
3) Jean-Charles Sawaya 12	4) Logan Moche 12	
10 St. Paul Academy & Summit Sc	1:39.69	1
1) Nils Lajuzan 10	2) Landon Hide 10	
3) Eli Kardasis Sturtz 10	4) Josh Lee 9	
11 Nova Classical Academy	1:39.92	1
1) Breccan Connelly 10	2) Nicolas Odegard 11	
3) Rhett Wolff 10	4) Willis Heim 11	
12 Trinity/Unity	1:44.94	2
1) Cole Willard 9	2) Charles Sennes 9	
3) Elijah Day 8	4) Micah Gallus 8	
13 NLA/LILA	1:51.13	2
1) Lincoln Williams 10	2) Mason Olson 10	
3) Tristan Noggle 11	4) Blayne Pludeman 10	

Boys 4x200 Meter Relay

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Sect. Record: M 1:30.08 2004 DeLaSalle

State Qual.: @ 1:32.05

School Finals Points

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Finals

1 St. Croix Lutheran	1:31.21@	12
1) Zachary (Zach) Schaefer 10	2) Shaun Bandelin 11	
3) Nelson Weekes 12	4) Owen Schmeling 11	
2 St. Agnes	1:31.28@	10
1) Matthew Fischer 11	2) Neil Connolly 11	
3) Caden Kroona 11	4) Evons Plamann 12	
3 St. Croix Preparatory Academ	1:32.06	8
1) Larson Sather 12	2) Rylan Hoffman 11	
3) Nathan Ranum 11	4) Evan Ewald 11	
4 Minneapolis North Community	1:33.95	6

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys 4x200 Meter Relay

1) Anthony Deline 12	2) Tavin Stoll 10		
3) J'Marion Sanders 12	4) Daniel Branch 12		
5 Parnassus Preparatory School	1:35.88	5	
1) Chase Sonderup 12	2) Skyler Bredenberg 10		
3) John Lander 12	4) Richard Saah 10		
6 West Lutheran	1:37.20	4	
1) Michael Penning 11	2) Ben Radintz 12		
3) Evan Bare 12	4) Noah Hahm 9		
7 Brooklyn Center	1:38.11	3	
1) Larry Smith 12	2) Damarius Miller 11		
3) Alpha Meaway 12	4) Prince Lloyd 10		
8 Math & Science Academy	1:38.12	2	
1) George Yassa 11	2) Caleb Sackitey 12		
3) Jean-Charles Sawaya 12	4) Logan Moche 12		
9 Concordia Academy	1:39.49	1	
1) Josiah Zitzow 10	2) Liam Schuster 12		
3) Jonah Peterson 8	4) Zach Olson 9		

Boys 4x400 Meter Relay**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

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Sect. Record: M 3:25.33 5/31/2025 St. Paul Academy & Summit Sc,
State Qual.: @ 3:31.52

School	Prelims	H#
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Preliminaries

1 St. Croix Lutheran	@ 3:29.36Q	1	
1) Nelson Weekes 12	2) Samuel Carver Day 12		
3) Gideon Paulsen 11	4) Owen Schmeling 11		
2 St. Croix Preparatory Academ	3:32.35Q	2	
1) Nathan Ranum 11	2) Henrik Peterson 11		
3) Evan Ewald 11	4) Harsh Tandon 12		
3 St. Paul Academy & Summit Sc	3:36.40Q	1	
1) Roman Hozalski 11	2) Langston Thompson 11		
3) Isaac Broderius 11	4) Nico Martin 11		
4 Minneapolis North Community	3:38.97Q	2	
1) Tavin Stoll 10	2) Cordae Williams 12		
3) Dominic Hill 12	4) Ahmod Powell 12		
5 Math & Science Academy	3:38.23q	1	
1) Logan Moche 12	2) David Hao 11		
3) Ben Smitley 11	4) Ian Dugas 12		
6 Concordia Academy	3:39.57q	2	
1) Jonah Peterson 8	2) Immanuel Maldonado 10		
3) Jeriah Wilmeth 12	4) Caleb Andren 10		
7 Parnassus Preparatory School	3:42.34q	1	
1) Josh Carpenter 11	2) John Lander 12		
3) Erik Larsen 10	4) Skyler Bredenberg 10		
8 St. Agnes	3:44.72q	2	
1) Neil Connolly 11	2) Peter Brownell 11		
3) Jeremiah Cooley 12	4) Joe Duncan 9		
9 Brooklyn Center	3:47.57q	2	
1) De'mariyon Yarbrough 10	2) Cayden Wheeler 11		
3) Prince Lloyd 10	4) Jason Mahone 11		
10 NLA/LILA	3:52.37	1	
1) Beck Stevens 10	2) Gabriel Phelps-Johnson 10		

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys 4x400 Meter Relay

3) Jackson Dowd 10	4) Evan Morrison 12	
11 Trinity/Unity	3:56.43	1
1) Graham Keller 9	2) Daniel Gregory 11	
3) Micah Gallus 8	4) John Matos 11	
12 West Lutheran	3:57.47	2
1) Noah Hahm 9	2) Carter Stripling 10	
3) Keagan Randall 10	4) Jennings Huth 11	
13 Agape Christi Academy	3:59.10	2
1) Ethan Davis 11	2) Reese Breitbarth 11	
3) Isaiah Hoglund 11	4) Alex Liljenquist 11	

Boys 4x400 Meter Relay

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Sect. Record: M 3:25.33 5/31/2025 St. Paul Academy & Summit Sc, St.
 State Qual.: @ 3:31.52

School	Finals	Points
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Finals

1 St. Croix Preparatory Academ	3:27.16@	12
1) Nathan Ranum 11	2) Henrik Peterson 11	
3) Evan Ewald 11	4) Harsh Tandon 12	
2 St. Croix Lutheran	3:28.02@	10
1) Nelson Weekes 12	2) Samuel Carver Day 12	
3) Gideon Paulsen 11	4) Owen Schmeling 11	
3 St. Paul Academy & Summit Sc	3:32.48	8
1) Roman Hozalski 11	2) Langston Thompson 11	
3) Isaac Broderius 11	4) Nico Martin 11	
4 Concordia Academy	3:32.58	6
1) Jonah Peterson 8	2) Immanuel Maldonado 10	
3) Jeriah Wilmeth 12	4) Caleb Andren 10	
5 Math & Science Academy	3:42.32	5
1) Logan Moche 12	2) David Hao 11	
3) Ben Smitley 11	4) Ian Dugas 12	
6 Parnassus Preparatory School	3:43.62	4
1) Josh Carpenter 11	2) John Lander 12	
3) Erik Larsen 10	4) Skyler Bredenberg 10	
7 Brooklyn Center	3:45.87	3
1) De'mariyon Yarbrough 10	2) Cayden Wheeler 11	
3) Prince Lloyd 10	4) Jason Mahone 11	
8 St. Agnes	3:46.77	2
1) Neil Connolly 11	2) Peter Brownell 11	
3) Jeremiah Cooley 12	4) Joe Duncan 9	
9 Minneapolis North Community	3:48.92	1
1) Tavin Stoll 10	2) Cordae Williams 12	
3) Dominic Hill 12	4) Ahmod Powell 12	

Boys 4x800 Meter Relay

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Sect. Record: M 8:00.88 6/3/2023 Minnehaha Academy, Minnehaha Ac
 L Laddusaw, L Seuntjens, F Christiansen, M Bates

School	Finals	Points
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1 Nova Classical Academy	8:08.53@	12
1) Benaiah Mathews 10	2) Finn Penniman 11	

MSHSL Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys 4x800 Meter Relay

3) Lyle Gerber 11	4) Eli Andre 12		
2 Math & Science Academy	8:19.62	10	
1) Liam Caldwell 12	2) Ian Dugas 12		
3) David Hao 11	4) Logan Moche 12		
3 Concordia Academy	8:25.90	8	
1) Gabriel Gfrerer 11	2) Caleb Andren 10		
3) Jake Smith 10	4) Andreas Adamsson 12		
4 Parnassus Preparatory School	8:38.57	6	
1) Ben Carpenter 9	2) Josh Carpenter 11		
3) Erik Larsen 10	4) Chase Sonderup 12		
5 Liberty Classical Academy	8:40.64	5	
1) Jonah Wurst 11	2) Jax Triana 9		
3) Ben Wurst 12	4) Cruz Triana 11		
6 Trinity/Unity	8:44.50	4	
1) Graham Keller 9	2) Dominic McNamara 11		
3) Elijah Day 8	4) Daniel Gregory 11		
7 St. Paul Academy & Summit Sc	8:59.43	3	
1) Noah Miller-Fimpel 10	2) Isaac Broderius 11		
3) Patrick Wall 12	4) Samuel McCarthy 10		
8 St. Agnes	9:03.06	2	
1) Felipe Torres 11	2) Mark King 10		
3) Phillip Kobbermann 9	4) John McGeehan 10		
9 St. Croix Preparatory Academ	9:11.42	1	
1) Atticus Davis 9	2) Parker Abrams 11		
3) Thomas Anderson 8	4) Zayne Fuerst 12		
10 Mounds Park Academy	9:26.46		
1) Juliun Menasco 11	2) Erik Tokheim 10		
3) Henry Laule 7	4) JD Pettipiece 7		
11 Christs Household Of Faith	9:51.85		
1) Dexter Jacox 12	2) Bryce Harms 11		
3) Carter Carlson 9	4) Weston Fiscus 9		
12 NLA/LILA	10:08.77		
1) Jack Beaudin 10	2) Jameson Bergstrom 10		
3) Sawyer Brandel 10	4) Lincoln Williams 10		

Boys High Jump

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Sect. Record: M 6-08 6/2/2018 Yahya Madar, Mounds Park Acad
State Qual.: @ 6-02

Name	Year School	Finals	Points	
1 Gideon Paulsen	11 St. Croix Lutheran	6-06.00@	12	Jump off
5-03 5-05 5-07 5-09 5-11 6-01 6-02 6-03 6-04 6-05 6-06				
PPP PPP PPP O O PPP O PPP O PPP XXX				
2 William Gilbert	11 Liberty Clas	6-04.00@	10	Jump off no clear
5-03 5-05 5-07 5-09 5-11 6-01 6-02 6-03 6-04 6-05 6-06				
PPP PPP PPP O O PPP O PPP O PPP XXX				
3 Charles (Chase) Jennings	12 St. Croix Lutheran	6-02.00@	8	
5-03 5-05 5-07 5-09 5-11 6-01 6-02 6-03 6-04				
PPP PPP XO O O PPP O PPP XXX				
4 Alex Larson	12 Mounds Park Academy	5-09.00	6	
5-03 5-05 5-07 5-09 5-11				
O XO O XO XXX				

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys High Jump

5 Germany Garcia	10 Twin Cities	5-07.00	5
5-03 5-05 5-07 5-09			
XO XXO O XXX			
6 Alex Kochendorfer	10 Parnassus Pr	5-07.00	4
5-03 5-05 5-07 5-09			
O O XO XXX			
7 Ben Sibley	9 Concordia Academy	5-07.00	3
5-03 5-05 5-07 5-09			
O O XXO XXX			
8 Evan Bare	12 West Lutheran	5-05.00	2
5-03 5-05 5-07			
O XO XXX			
9 Breccan Connelly	10 Nova Classic	5-03.00	0.25
5-03 5-05			
O XXX			
9 Jackson Dowd	10 NLA/LILA	5-03.00	0.25
5-03 5-05			
O XXX			
9 Jeremiah Cooley	12 St. Agnes	5-03.00	0.25
5-03 5-05			
O XXX			
9 Logan Moche	12 Math & Scien	5-03.00	0.25
5-03 5-05			
O XXX			
13 Owen Lohse	10 Nova Classic	5-03.00	
5-03 5-05			
XO XXX			
13 Isaac Hoffman	9 Math & Scien	5-03.00	
5-03 5-05			
XO XXX			
15 Maxwell Harrison	9 Mounds Park Academy	5-03.00	
5-03 5-05			
XXO XXX			
15 Phineas Jacox	11 Christs Hous	5-03.00	
5-03 5-05			
XXO XXX			
-- Noah Miller-Fimpel	10 St. Paul Aca	NH	
5-03			
XXX			
-- Mike Cao	10 St. Agnes	NH	
5-03			
XXX			
-- Eli Kardasis Sturtz	10 St. Paul Aca	NH	
5-03			
XXX			
-- Zayne Fuerst	12 St. Croix Pr	NH	
5-03			
XXX			
-- Brandon Knebel	12 West Lutheran	NH	
5-03			
XXX			
-- Parker Anderson	11 Parnassus Pr	NH	
5-03			
XXX			

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

Boys Pole Vault

Sect. Record: M 14-06 5/30/2024 Joseph Arens, St. Croix Prepar

State Qual.: @ 12-10

Name	Year	School	Finals	Points
1 Nicklaus Wimmer	11	Concordia Academy	14-00.00@	12
10-00 10-06 10-09 11-00 11-03 11-06 11-09 12-00 12-03 12-06 12-10 13-00 13-03 13-06 13-09 14-00	1			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O O PPP PPP O PPP XO				
2 Braden Abrams	11	St. Croix Pr	12-06.00	10
9-00 9-06 10-00 10-06 10-09 11-00 11-03 11-06 11-09 12-00 12-03 12-06 12-10				
PPP PPP PPP PPP PPP XO PPP O PPP XO PPP O XXX				
3 David Selb	11	St. Croix Pr	12-00.00	8
9-00 9-06 10-00 10-06 10-09 11-00 11-03 11-06 11-09 12-00 12-03 12-06				
PPP PPP PPP PPP PPP O PPP XO PPP XO PPP XXX				
4 Ethan Karbon	11	St. Croix Lutheran	12-00.00	6
9-00 9-06 10-00 10-06 10-09 11-00 11-03 11-06 11-09 12-00 12-03 12-06				
PPP PPP PPP PPP PPP O PPP PPP PPP XXO PPP XXX				
5 Jonah Peterson	8	Concordia Academy	10-06.00	5
9-00 9-06 10-00 10-06 10-09				
O O O O XXX				
6 Larry Swanson	12	St. Croix Lutheran	10-00.00	4
9-00 9-06 10-00 10-06				
PPP PPP O XXX				
7 Isaiah Otterstatter	11	St. Croix Lutheran	9-06.00	3
9-00 9-06 10-00				
O O XXX				
8 Rhett Wolff	10	Nova Classic	9-06.00	2
9-00 9-06 10-00				
O XO XXX				
9 Joe Duncan	9	St. Agnes	9-00.00	1
9-00 9-06				
O XXX				
10 Gus Hartwell	10	Trinity/Unity	9-00.00	
9-00 9-06				
XO XXX				
-- Joseph Doll	9	St. Agnes	NH	
9-00				
XXX				
-- Ibrahim Musse	12	Nova Classic	NH	
9-00				
XXX				

Boys Long Jump

Sect. Record: M 22-03.50 2002 Alexis Wright, St. Agnes

State Qual.: @ 20-11

Name	Year	School	Finals	Wind	H#	Points
1 Richard Saah	10	Parnassus Pr	22-00.50@	NWI	3	12
21-05(-0.0) 22-00.50(-0.0) PASS PASS PASS PASS						
2 Nelson Weekes	12	St. Croix Lutheran	22-00.00	2.3	3	10
20-08(2.4) 22-00(2.3) PASS 20-07(1.9) FOUL 20-06.50(2.3)						
3 Evons Plamann	12	St. Agnes	21-08.00	2.4	3	8
20-03(-0.0) 20-00.50(-0.0) 21-01.50(-0.0) 21-06(1.8) 21-08(2.4) FOUL						
4 Sawyer Okerstrom	12	Christ's Hous	21-02.50	2.8	3	6
20-03(2.2) 21-02.50(2.8) 19-07.50(1.3) FOUL 19-11.25(-0.0) PASS						

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys Long Jump

5	Daniel Branch	12 Minneapolis	21-01.00@	1.9	3	5
	19-09.50(2.0) 19-11.50(0.2) FOUL	21-01(1.9)	21-00.50(2.5)	19-08.50(1.6)		
6	Caden Kroona	11 St. Agnes	21-00.50	2.4	3	4
	20-00(-0.0) 19-11.50(-0.0) 20-03.50(-0.0)	21-00.50(2.4)	19-07.50(1.0)	19-04(4.0)		
7	Dominic Hill	12 Minneapolis	21-00.00@	1.9	3	3
	FOUL 20-09.50(1.9) FOUL 21-00(1.9) FOUL	18-05.50(2.4)				
8	Logan Duis	11 Concordia Academy	21-00.00	2.9	3	2
	19-09.50(2.2) 20-05.50(2.6) 20-05(3.2) 21-00(2.9)	20-07(2.0)	20-08.50(2.9)			
9	Raheem Soni	10 St. Croix Pr	20-07.50	1.8	3	1
	19-04(1.7) FOUL 19-09.50(1.1) 20-03(1.9)	20-07.50(1.8)	19-10.25(3.3)			
10	Anthony Deline	12 Minneapolis	20-05.00	2.9	3	
	20-05(2.9) 20-03(2.1) FOUL 20-05(3.4) FOUL	FOUL				
11	Alex Larson	12 Mounds Park Academy	19-09.50	1.9	3	
	19-09.50(1.9) 18-11.50(3.4) 18-08(1.4)					
12	Matthew Fischer	11 St. Agnes	19-07.50	NWI	3	
	19-05.50(1.1) 19-05.50(1.9) 19-07.50(-0.0)					
13	Eli Larson	10 St. Croix Lutheran	18-10.50	2.2	2	
	FOUL 17-11(1.6) 18-10.50(2.2)					
14	Skyler Bredenberg	10 Parnassus Pr	18-05.50	2.9	2	
	17-05.50(0.1) 18-00.50(2.9) 18-05.50(2.9)					
15	Nico Martin	11 St. Paul Aca	18-05.00	2.9	3	
	17-06.50(2.2) 18-05(2.9) 17-04.50(1.8)					
16	Rashaun Dunn	9 Twin Cities	18-04.50	1.7	2	
	18-04.50(1.7) 16-08.50(1.1) 16-00.50(1.7)					
17	Mathias Kies	12 Trinity/Unity	18-02.00	1.9	2	
	14-11(1.2) FOUL 18-02(1.9)					
18	Jacob Haase	10 Concordia Academy	18-00.50	1.4	1	
	18-00.50(1.4) 17-11(0.5) 18-00.50(1.0)					
19	Ben Radintz	12 West Lutheran	17-11.50	2.1	2	
	17-02(0.9) 17-08(2.5) 17-11.50(2.1)					
20	Cohen Grimberg	11 St. Croix Pr	17-09.50	1.4	2	
	17-09.50(1.4) FOUL 16-10(0.9)					
21	Charles Sennes	9 Trinity/Unity	17-09.50	2.9	2	
	FOUL FOUL 17-09.50(2.9)					
22	Jackson Dowd	10 NLA/LILA	17-09.00	1.2	2	
	17-08.50(1.6) 16-02(1.5) 17-09(1.2)					
23	Willis Heim	11 Nova Classic	17-08.50	0.8	1	
	17-02(1.5) 17-08.50(0.8) 17-08.25(0.9)					
24	Roman Hozalski	11 St. Paul Aca	17-08.00	2.3	2	
	FOUL FOUL 17-08(2.3)					
25	Everett Forsland	12 Twin Cities	17-03.50	2.6	2	
	17-03.50(2.6) 17-02(0.3) 17-00.50(2.0)					
26	Elias Taylor	10 Nova Classic	17-03.00	1.3	1	
	16-04.50(1.2) 17-00.50(1.3) 17-03(1.3)					
27	Markos Yiangou	11 Math & Scien	16-06.00	1.8	1	
	15-03(1.4) 16-02.50(1.0) 16-06(1.8)					
28	Brandon Knebel	12 West Lutheran	16-03.50	1.5	1	
	FOUL 16-03.50(1.5) 15-00.50(1.2)					
29	Liam Doherty	8 New Life Aca	16-03.00	0.9	1	
	FOUL FOUL 16-03(0.9)					
30	Jack McGraw	10 New Life Aca	16-01.00	1.2	1	
	FOUL 16-01(1.2) 15-11.50(1.2)					
31	De'mariyon Yarbrough	10 Brooklyn Center	16-00.50	0.2	1	
	FOUL 15-09.50(0.6) 16-00.50(0.2)					

MSHS Section 4A Championships
Bethel University - 5/29/2025 to 5/31/2025
Results

....Boys Long Jump

32	Gabriel Phelps-Johnson	10	NLA/LILA	15-11.00	1.7	2
	15-11(1.7) 15-08.50(1.1) 15-06(1.2)					
33	Maxwell Harrison	9	Mounds Park Academy	15-07.50	1.1	2
	FOUL 15-06.75(1.5) 15-07.50(1.1)					
34	Bryce Harms	11	Christ's Hous	15-06.00	2.0	1
	15-06(2.0) 15-06(0.5) FOUL					
35	Mintai Fu	10	Math & Scien	13-09.50	1.0	1
	13-08(1.8) 13-09.50(1.0) 13-05(1.5)					

Boys Triple Jump

Sect. Record: M 46-03 6/4/2016 Ramaud Chiaokhiao-Bowman*, Breck School
 State Qual.: @ 42-09

Name	Year	School	Finals	Wind	H#	Points
1 William Gilbert	11	Liberty Clas	44-04.00@	2.0	3	12
	44-00(1.0) 44-04(2.0) 43-09.50(1.1) 44-03(1.9) 43-00(1.8) PASS					
2 Anthony Deline	12	Minneapolis	43-05.00@	1.6	3	10
	43-05(1.6) PASS PASS PASS PASS PASS					
3 Cordae Williams	12	Minneapolis	43-02.00@	1.8	3	8
	42-00(1.8) 42-07.50(1.2) 42-06(0.3) 41-09(1.4) 43-02(1.8) PASS					
4 Eli DeBilzan	11	Concordia Academy	42-10.00@	1.2	3	6
	41-03(0.6) 41-08.50(2.3) FOUL 40-06(1.5) 42-07(2.2) 42-10(1.2)					
5 Shaun Bandelin	11	St. Croix Lutheran	40-03.50	3.0	3	5
	33-00(1.2) 39-01(1.3) 36-07(+0.0) 37-11(1.4) 40-03.50(3.0) FOUL					
6 Jacob Haase	10	Concordia Academy	39-09.00	1.3	3	4
	39-09(1.3) 38-09.50(2.5) 37-08.50(1.9) 38-07.50(1.0) 38-01(2.2) 39-00.50(2.1)					
7 Andreas Grover	11	Nova Classic	39-00.50	1.6	3	3
	37-08(1.5) 36-07.50(1.9) 39-00.50(1.6) 37-09(1.4) 38-06(3.4) 38-06(1.9)					
8 Josh Carpenter	11	Parnassus Pr	38-09.00	1.8	3	2
	FOUL 38-09(1.8) FOUL FOUL 37-03(1.8) FOUL					
9 Cohen Grimberg	11	St. Croix Pr	38-08.00	1.9	2	1
	38-00(1.1) FOUL 38-05(2.0) 37-04(1.4) FOUL 38-08(1.9)					
10 Graham Keller	9	Trinity/Unity	38-02.00	3.2	2	
	FOUL FOUL 37-07(2.0) 37-06(0.5) FOUL 38-02(3.2)					
11 Joe Duncan	9	St. Agnes	37-03.00	1.5	2	
	37-03(1.5) 36-03.50(1.7) 37-01(2.9)					
12 Noni Iroanya	10	St. Croix Pr	36-05.00	2.3	2	
	FOUL 36-02.50(+0.0) 36-05(2.3)					
13 Isaiah Kruse	10	St. Croix Lutheran	36-04.00	1.9	2	
	35-01.50(1.9) FOUL 36-04(1.9)					
14 Gabriel Phelps-Johnson	10	NLA/LILA	36-02.00	2.4	2	
	36-02(2.4) 32-03(2.4) 35-11.50(1.8)					
15 Cullen Goshaw	10	Parnassus Pr	35-11.00	1.3	2	
	35-07(1.9) 35-11(1.3) 35-03.50(-0.0)					
16 Everett Forsland	12	Twin Cities	35-06.00	1.9	2	
	35-06(1.9) 35-00(1.5) 35-05(1.9)					
17 Germany Garcia	10	Twin Cities	35-05.00	2.6	1	
	FOUL 35-05(2.6) 34-08(1.1)					
18 Jackson Dowd	10	NLA/LILA	34-11.00	1.8	2	
	33-05(1.8) 33-03(0.6) 34-11(1.8)					
19 Jack Gordon	10	St. Paul Aca	34-07.00	1.1	1	
	FOUL FOUL 34-07(1.1)					
20 Nils Lajuzan	10	St. Paul Aca	34-03.50	1.8	1	
	34-03.50(1.8) 32-05(2.6) FOUL					

MSHSL Section 4A Championships
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Results

....Boys Triple Jump

21	Henry Jauhainen	11 West Lutheran	34-02.00	1.8	1
	FOUL 33-04.50 (2.7)	34-02 (1.8)			
22	Joseph Doll	9 St. Agnes	34-00.00	1.8	3
	33-11 (0.8) FOUL	34-00 (1.8)			
23	Carter Carlson	9 Christs Hous	33-04.00	1.9	1
	33-01 (3.4) 33-04 (1.9)	33-04 (0.5)			
24	Ibrahim Musse	12 Nova Classic	32-09.00	1.3	1
	32-06 (0.8) 32-09 (1.3)	FOUL			
25	Wyatt Reiners	8 Christs Hous	29-11.00	1.8	1
	29-10 (0.5) 29-10 (1.0)	29-11 (1.8)			
26	Mintai Fu	10 Math & Scien	28-10.00	2.2	1
	FOUL 28-10 (2.2)	FOUL			

Boys Shot Put

Sect. Record: M 54-05 1992 Mark Tangen									
State Qual.: @ 49-04									
Name	Year	School	Finals	H#	Points				
1 Anthony Palmer	12	Minneapolis	55-06.50M	3	12				
	55-06.50	55-04 52-03.50	FOUL 51-10.50	FOUL					
2 Ezra Wilhelm	11	Concordia Academy	51-04.00@	3	10				
	46-03 50-08	51-04 50-01 49-08	50-06.50						
3 Samaaj Clark	12	Minneapolis	45-02.00	3	8				
	43-05.50 45-02	41-03.50 43-02	FOUL 41-04						
4 Kingston Normil	12	Twin Cities	43-08.00	3	6				
	42-02 43-08	41-10.50 41-06.50	39-10 40-08						
5 Daniel Baumgarn	11	St. Croix Pr	43-02.00	3	5				
	FOUL 41-03.50	43-02 FOUL 40-00	39-11.50						
6 Jacob Gieseke	11	West Lutheran	42-08.50	3	4				
	41-06.50 FOUL	38-08 42-08.50	41-01 41-08						
7 Anerse Dotson	12	Minneapolis	42-04.00	3	3				
	37-00 42-04	37-01.50 38-02	37-09.50 40-07.50						
8 Princeton Normil	12	Twin Cities	42-03.00	3	2				
	42-03 FOUL FOUL	40-00 FOUL 38-00							
9 Elohim Gouchola	11	Parnassus Pr	41-05.00	3	1				
	41-04 FOUL	31-10 38-06.50	38-06.50 41-05						
10 Prince Ben	12	Brooklyn Center	40-09.00	2					
	37-04.50 39-04	40-09							
11 Martin Weiss	12	St. Croix Pr	39-11.50	2					
	35-02.50 35-10.50	39-11.50							
12 Will Shepard	11	Nova Classic	38-02.50	2					
	37-06.50 36-05	38-02.50							
13 Henry Schoeneck	12	Concordia Academy	37-01.00	3					
	FOUL FOUL	37-01							
14 Jerry Williams	12	Brooklyn Center	36-07.50	2					
	33-05 36-07.50	35-10							
15 Isaac Anderson	11	Mounds Park Academy	36-01.50	2					
	33-01 35-01	36-01.50							
16 Aiden Simonson	10	West Lutheran	35-09.00	2					
	FOUL 34-09	35-09							
17 Henry Daniels	11	Parnassus Pr	35-08.50	2					
	31-11 29-09	35-08.50							
18 Kevin Le	12	St. Agnes	35-08.00	2					
	34-09.50 35-08	FOUL							

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....Boys Shot Put

19 Daniel Beekman	11 St. Croix Lutheran	35-04.50	3
FOUL FOUL 35-04.50			
20 Malachi (Mac) Arndt	11 St. Croix Lutheran	34-07.50	2
34-07.50 FOUL FOUL			
21 Elam Somers	8 Math & Scien	34-06.00	1
34-06 31-04.50 FOUL			
22 Will Smith	12 Liberty Clas	34-02.50	2
34-02.50 29-08.50 31-00			
23 Wyatt Wilson	11 NLA/LILA	33-06.50	2
33-06.50 32-07 30-04			
24 Dexter Jacox	12 Christs Hous	32-08.50	2
32-08.50 32-03 30-10			
25 Dominic McNamara	11 Trinity/Unity	32-01.50	1
31-04 30-02 32-01.50			
26 Daniel Barreto	11 Trinity/Unity	31-04.50	1
29-03 28-08 31-04.50			
27 Phineas Jacox	11 Christs Hous	31-03.00	1
31-03 27-01.50 28-08.50			
28 Patrick Wall	12 St. Paul Aca	30-08.00	1
28-06.50 30-08 28-01.50			
29 Leopold Arnold	11 Nova Classic	30-05.00	1
30-05 30-03 29-11			
30 Joseph Parke	12 NLA/LILA	29-05.00	1
28-08.50 28-01.50 29-05			
31 Julian Brown	11 Mounds Park Academy	29-01.00	1
28-00 28-11.50 29-01			
32 Baron Bailey	10 St. Paul Aca	28-09.50	1
26-01.50 28-04 28-09.50			
33 Tyler Solid	12 Math & Scien	28-08.50	1
FOUL 28-08.50 FOUL			
34 Jason Vu	10 St. Agnes	28-00.50	1
28-00.50 22-09.50 25-01.50			
-- Peter Chaple	9 Twin Cities	FOUL	3
FOUL FOUL FOUL			

Boys Discus Throw

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Sect. Record: M 166-03 6/2/2018 David Roddy, Breck School

State Qual.: @ 145-03

Name	Year School	Finals	H#	Points
=====	=====	=====	=====	=====
1 Ezra Wilhelm	11 Concordia Academy	142-03	3	12
133-03 129-06 128-09 139-10 112-07 142-03				
2 Anthony Palmer	12 Minneapolis	141-09	3	10
124-03 FOUL 135-00 141-09 131-02 128-08				
3 Daniel Baumgarn	11 St. Croix Pr	136-00	3	8
130-07 129-05 FOUL 124-07 136-00 135-07				
4 Elohim Gouchola	11 Parnassus Pr	134-09	3	6
124-10 115-08 125-11 128-08 134-09 FOUL				
5 Benny Tilman	10 Concordia Academy	121-00	3	5
FOUL 113-05 FOUL 114-08 99-07 121-00				
6 Wyatt Wilson	11 NLA/LILA	119-00	3	4
FOUL FOUL 110-11 FOUL 119-00 FOUL				
7 Malachi (Mac) Arndt	11 St. Croix Lutheran	114-08	3	3
109-11 FOUL 109-09 114-08 100-10 FOUL				

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....Boys Discus Throw

8 Jacob Gieseke	11 West Lutheran	114-06	3	2
105-10 105-02 110-03	114-06 102-02 FOUL			
9 Will Shepard	11 Nova Classic	112-04	3	1
111-06 FOUL 102-09	FOUL 109-02 112-04			
10 Tyson Most	11 St. Croix Pr	107-06	3	
107-06 FOUL 104-03				
11 Ike Obi-Walker	11 St. Paul Aca	106-00	2	
103-06 99-10 106-00				
12 Will Smith	12 Liberty Clas	105-04	2	
97-10 102-07 105-04				
13 Malachi Tolliver	11 Minneapolis	102-09	2	
74-09 102-09 90-02				
14 Dexter Jacox	12 Christs Hous	102-03	2	
89-02 102-03 101-10				
15 Cole Willard	9 Trinity/Unity	101-07	1	
83-07 91-03 101-07				
16 Aiden Simonson	10 West Lutheran	100-02	3	
100-02 97-04 FOUL				
17 Princeton Normil	12 Twin Cities	98-04	1	
98-04 97-09 93-08				
18 Joseph Parke	12 NLA/LILA	97-07	2	
97-05 FOUL 97-07				
19 Cole Tess	11 St. Croix Lutheran	94-07	2	
94-07 89-04 FOUL				
20 Kingston Normil	12 Twin Cities	94-01	2	
90-04 82-04 94-01				
21 Tai ZumBahlen	12 Nova Classic	89-05	1	
84-06 FOUL 89-05				
22 Baron Bailey	10 St. Paul Aca	88-05	1	
FOUL FOUL 88-05				
23 Eda Tolar	12 Liberty Clas	84-10	1	
83-09 84-10 79-01				
24 Phineas Jacox	11 Christs Hous	84-06	1	
66-01 78-07 84-06				
25 Kevin Le	12 St. Agnes	84-05	2	
84-05 FOUL 75-10				
26 Daniel Barreto	11 Trinity/Unity	79-10	1	
79-10 64-08 62-02				
27 Elam Somers	8 Math & Scien	79-07	1	
79-07 FOUL FOUL				
28 Henry Daniels	11 Parnassus Pr	76-00	2	
FOUL FOUL 76-00				
29 Jason Vu	10 St. Agnes	60-10	1	
59-02 60-10 FOUL				
-- Tyler Solid	12 Math & Scien	FOUL	2	
FOUL FOUL FOUL				

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Men - Team Rankings - 18 Events Scored

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1) St. Croix Lutheran	135	2) St. Croix Preparatory Aca	121
3) Concordia Academy	111	4) Minneapolis North Communi	102
5) St. Agnes	69.25	6) Parnassus Preparatory Sch	55
7) Nova Classical Academy	54.25	8) St. Paul Academy & Summit	40
9) West Lutheran	38	10) Trinity/Unity	33
11) Twin Cities Academy/Great	32	12) Liberty Classical Academy	31

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....Boys Discus Throw

13) Mounds Park Academy	29	14) Math & Science Academy	28.25
15) Brooklyn Center	12	15) Christs Household Of Fait	12
17) New Life Academy of Woodbu	5	17) Agape Christi Academy	5
19) NLA/LILA	4.25		